

Could it be sepsis?



Sepsis makes kids very sick, very quickly.

Know the symptoms.
Get help fast.



What is sepsis?

Sepsis is when your body has an extreme response to an infection. It is a life-threatening condition and needs immediate medical attention. Sepsis always starts with an infection and young children and babies are more at risk.

What are the signs or symptoms?



Getting very sick, very quickly



Not needing to urinate (wee) all day or less wet nappies (less wee) than usual



A rash or blue, grey, pale or blotchy skin



Feeling your child is very sick - trust your instincts

There are many signs and symptoms of sepsis. You do not need to have all of the symptoms listed.

What if you think your child has sepsis?

You know your child better than anyone. Even if you've already seen a doctor, if you're worried your child is really sick, go to a hospital emergency department or call Triple Zero (**000**).

Don't be afraid to ask "*could it be sepsis?*"

**You know your child best.
If you think they are really
sick, get help fast.**

- Dr Matthew O'Meara
Paediatric Specialist



To learn more about sepsis
visit health.nsw.gov.au/sepsis

